



OCTOBER 2021

UDAAN



ROTARY CLUB OF VAPI PHOENIX
R I S E & S H I N E



FROM R.I. PRESIDENT'S DESK

A quarter of the Rotary year is now behind us. I am sure you are helping Rotary to grow more and do more. And I hope you have already done your part for the Each One, Bring One initiative by introducing one person to Rotary.

Do you ever think about your earliest days as a Rotarian? I often do — because those first moments of discovering the power of service shaped who I am today. When I joined my Rotary club, our efforts focused on India's rural communities, where people were living without toilets, getting their drinking water from the same pond they bathed in, and sending their children to outdoor classrooms set up under a tree. The nearest health care provider often was miles away — and the services were inadequate. But after Rotary clubs carried out some service projects, the villages had toilets, clean drinking water, a classroom for early learning, and a nearby health care center.



The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity. It made service a way of life and led me to a guiding principle I still stand by: Service is the rent I pay for the space I occupy on Earth.

If you feel the need to reignite the spark of service in yourself or your club, October — Community Economic Development Month — is a great time to do so. When we work to improve the lives of people in underserved communities — through, for example, projects that provide vocational training and access to financial resources — we help build and sustain local economic growth.

The need is great. According to the United Nations, 9 percent of the world's population — that's 700 million people, a majority of them in sub-Saharan Africa — live on less than \$1.90 a day. By supporting strong community development as well as entrepreneurs, we can help improve conditions for people in that region and others.

Your club can also promote economic development in your own community by expanding vocational training opportunities through local schools and community colleges, partnering with lenders to improve access to financial services, or working with a nonprofit that provides resources to entrepreneurs and connects them with the business community.

Of course, developing strong communities is impossible without strong public health. On 24 October, World Polio Day, we'll celebrate our tremendous progress in the effort to eradicate polio. But we also know the fight is not over. We still need your help raising funds and awareness to ensure that all children are immunized against polio. Please don't forget to activate your clubs on that important day and encourage them to donate here: endpolio.org/world-polio-day.

Service has been rewarding for me throughout my life. I know the same is true for many of you. Join me this month in becoming a good tenant of our planet by helping others to better themselves and their communities. Together, we can Serve to Change Lives.

Shekhar Mehta

President 2021-22

GENERAL MEETING

2nd September 2021, Vapi: On 2nd September, 2021, general meeting of the club was conducted at Gokul Vihar Club house. During the meeting president and Hon. Sec. expressed their gratitude the sponsors of various gifts that were given to donors during blood donation camp. President Rtn Himanshu Garg also felicitated Rtn Rahi Shah who was featured in July 2021 Industry outlook magazine and being awarded as top 10 manufacturers of Mechanical Seals in India. Rtn Rajan Gupta explained in details the drive for organ donation initiated by Rotary club of Rajkot Greater. Rtn Paromita Sarkar announced the date for installation of Interact club of Vapi Phoenix. Hon. Sec. Sudha also announced the speaker meeting on the Awareness of banking procedures and facilities conducted with Rtn Abhishek Sharma as speaker.



9th September 2021, Gokul Vihar Clubhouse, Vapi: On 9th Sep 2021, RC Vapi Phoenix organised a speaker meeting on Literacy by Cluster Coordinator for Literacy, Rtn Dr. Alpa Kotadia, who shared her knowledge and experience of working towards Literacy Projects broadly categorised in 5 working areas, 1. Teacher Support 2. E-learning 3. Adult Literacy 4. Child Development 5. Happy School Project. With her humungous experience in education field, she discussed with the members about overcoming the challenges of working on Literacy programmes and how Interact members, housing societies, educational institutions, corporates and other groups can contribute in various literacy projects to bring tangible change in the society.



SPEAKER MEETING

16th September 2021, Gokul Vihar Clubhouse, Vapi: On 16th September, a speaker meeting was organised on 'Awareness on Banking Procedures and Facilities' especially for women. Rtn Abhishek Sharma, our member and Regional Manager of CICI bank, Vapi and Mr. Alok Upadhyay Branch Manager, GIDC Vapi Branch were the speakers. They gave a detailed presentation on the types of bank accounts, loans & different investments. They also explained in brief about the various frauds, how to safely carryout banking transactions (both manual and digital) without falling prey to frauds. It was such interesting presentation that members requested them to continue with the same topic in detail in the coming months. In the same meeting Hon. Sec. Rtn Sudha- read minutes of meeting of 1st board meeting.



RED REVOLUTION SESSION AT SANSKAR BHARATI SCHOOL, VAPI

20th September 2021, Vapi: First session of Red Revolution was conducted on 20th Sep 2021 at Sanskar Bharati School, Vapi town which was attended by 200 girls from class 6th to 12th girls and 2 teachers. Session was conducted by Rtn Amisha Mehta. Rtn Smita Nadkarni and Rtn Sheetal Tailor were present in the session. During the session the myths and beliefs around menstruation were discussed and their scientific reasons were explained to them. It was an extremely interactive as girls asked plenty of questions regarding the myths and problems they face in their day to day life.



INAUGURATION OF PROJECT NIRAMAYA, VAPI

22nd September 2021, Vapi: 20th September 2021, Vapi: Project NIRAMAYA is a dream project of RI President Shekhar Mehta, which focusses on awareness of menstrual hygiene for girls & health and immunity of individuals. RC Vapi Phoenix volunteered to participate in the launch of this project.

1. Menstrual hygiene session was conducted by Cluster 7 coordinator for Red Revolution Rtn Sheetal Tailor at Wesleyan English Medium School, Chala having 154 beneficiaries. During the session Hon. Sec. Sudha Prajapati, Rtn Paromita Sarkar, Rtn Anju Garg, Rtn Shilpa Gupta, Rtn Mamta Mehta, Rtn Sarika Nandwana, Rtn Vishal Nadkarni, Rtn Rahul Nanadwana & Rtn Fatema Kanchwala (RC Vapi West) were present to witness the inauguration. Ever enthusiastic Principal Mrs. Seema Justin & teachers encouraged the girls to clear their doubts during the session.
2. Health awareness session was conducted by Red Revolution District Chairperson Dr. Amish Mehta and Dr. Parit Bhatt & Team at Naikwad Prathmik Shala, Kachigam. During this session President Rtn Himanshu Garg & Rtn Sonakshi Garg were present during the session. Homeopathic medicine prescribed by AYUSH health ministry was also given to the children to build their immunity.



Rotary   SERVE TO CHANGE LIVES

ROTARY INTERNATIONAL DISTRICT 3060

निरामया
A Step towards Healthy Life...

LAUNCHING DAY BENEFICIARIES

SR.	CLUB NAME	GIRLS HEALTH HYGIENE PROJECT	HEALTH AWARENESS PROJECT	TOTAL
01.	BHAVANGAR ROYAL	190	214	404
02.	BHARUCH FEMINA	46	46	92
03.	SURAT TAPI	114	228	342
04.	VAPI PHOENIX	154	100	254
05.	AMRELI GIR	172	114	286
06.	RAJKOT	120	100	220
07.	NAVARI	145	145	290
08.	BARODA SAYAJINAGRI	55	130	185
09.	VYARA	100	800	900
10.	UDHNA	0	35	35
		1096	1912	3008

Chief Guest ::  Rtn. Shekhar & Rashmi Mehta
Rotary International President

Guest of Honour ::  Rtn. Santosh Pradhan
District Governor

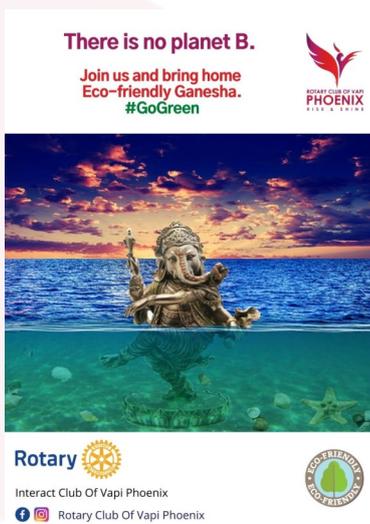
DGN.Nihir Dave
Service Project Chair

Rtn. Dr. Girish Patel
Project Chair



ECO-FRIENDLY GANESHA

10th September to 21st September 2021, Vapi: This year Ganesh Festival was celebrated in a unique eco friendly way by members of Rotary Vapi Phoenix especially interactors. Through beautiful fliers on social media they promoted to bring eco friendly ganesha at home. To promote the cause further they brought eco friendly ganesha idols at home. Some of them even made ganesha idols with mud, clay, haldi and kitchen spices.



UDAAN KI PARWAAZ

- Rotary Club of Vapi Phoenix was chosen among the 10 clubs of District 3060 to participate for the launching of Project Niramaya and executed project on girls health hygiene with 154 beneficiaries and a health awareness project with 100 beneficiaries.
- Within two months of Installation, Rotary Club of Vapi Phoenix successfully got the charter for Interact Club. Such is the Enthusiasm of young future interactors that they were not able to wait for official formation of club and they have already started doing wonderful projects like promoting eco friendly ganesha festival.



ROTARY KNOWLEDGE

Jennifer E. Jones, a member of the Rotary Club of Windsor-Roseland, Ontario, Canada, has been nominated to become Rotary International's president for 2022-23, a ground breaking selection that will make her the first woman to hold that office in the organization's 115-year history.

As the first woman to be nominated to be president, Jones understands how important it is to follow through on Rotary's Diversity, Equity, and Inclusion (DEI) Statement. "I believe that diversity, equity, and inclusion ... begins at the top and for us to realize growth in female membership and members under the age of forty — these demographics need to see their own reflection in leadership," Jones said. "I will champion double-digit growth in both categories while never losing sight of our entire family."

Jones is founder and president of Media Street Productions Inc., an award-winning media company in Windsor. She was chair of the board of governors of the University of Windsor and chair of the Windsor-Essex Regional Chamber of Commerce. She has been recognized for her service with the YMCA Peace Medallion, the Queen's Diamond Jubilee Medal, and Wayne State University's Peacemaker of the Year Award, a first for a Canadian. Jones holds a Doctor of Laws (LL.D.).

A current Rotary Foundation trustee, Jones has been a Rotary member since 1997 and has served Rotary as RI vice president, director, training leader, committee chair, moderator, and district governor. She played a lead role in Rotary's rebranding effort by serving as chair of the Strengthening Rotary's Advisory Group. She is the co-chair of the End Polio Now Countdown to History Campaign Committee, which aims to raise \$150 million for polio eradication efforts

Jones recently led the successful #RotaryResponds telethon, which raised critical funds for COVID-19 relief and was viewed by more than 65,000. Jones has also received Rotary International's Service Above Self Award and The Rotary Foundation Citation for Meritorious Service. She and her husband, Nick Krayacich, are members of The Rotary Foundation's Arch Klumph Society, Paul Harris Society, and the Bequest Society.



HEALTH TIPS

Home remedies by Rtn Manisha Prajapati:

For Chikungunya Fever,

- * Take Giloy juice 3 times a day.
- * For joint pains, 1/2 cup juice of Naagod or Nirgundi (Sanskrit) leaves taken empty stomach in the morning for 1 month works wonders.

For Acidity,

- * Steamed rice, cow milk (room temperature), pinch of sugar and ghee (optional) taken for 2-3 days will help.

BIRTHDAYS



Rtn Rahul Nandwana
4th October



Rtn Sarika Nandwana
13th October



Rtn Mehzabeen Jasani
19th October



Rtn Abhishek Sharma
20th October



Rtn Hemant Prajapati
22nd October



Rtn Shwetang Dhanani
23rd October



Rtn Barun Sarkar
30th October



Rtn Limkesh Ashra
31st October



Rtn Vijay Mehta
4th October



Rtn Push Kumar Dhoot
5th October

ANNIVERSARIES



Rtn Monish Gupta & Shilpa Gupta
4th October

ROTARIANS OF THE MONTH



Rtn Abhishek Sharma

For Informative session on awareness on online banking, importance and avenues of savings and availing bank loan facilities to women



Rtn Amisha Mehta

For her hard work and prompt action on conducting sessions on health awareness under Project Niramaya

FROM THE DESK OF EDITOR

We all are a little more relieved that we have, till now, successfully reined in Lord Shiva's Third Eye, the "third wave" of the corona virus from infecting more people. The official records of the government of India showed encouraging figures last week not just on reducing of active cases but also on its rigorously thriving vaccination programme. It seems that this mayhem of utter destruction of lives and livelihood now is coming an end and life is crawling back to normal. This virus is leaving behind some vital lessons on which we must ponder upon in coming times.

Among all, the most fundamental and important lesson is healthcare. This month, with the visionary leadership of RI President Shekhar Mehta at the helm, to inspire people to take care of their health and follow necessary lifestyle changes to live healthier lives, Rotary Club of Vapi Phoenix was one of the chosen clubs for inauguration of "Project Niramaya". We focused our energy and resources towards encouraging people to be proactive about their health and to take up simple preventive measures at home for healthy living.



We didn't require to discover some great scientific knowledge to fight corona virus. It required only basic good health practices that we already knew. These days, with rising prices, not everyone may afford an apple a day, but one can definitely afford to choose to have healthy food. One can definitely afford to wake up a bit early and take up floor exercises, or some breathing exercises. One can definitely afford basic hygiene like washing hands regularly. Glorious things can be achieved by simple good habits.

Editor

Rtn. Sheetal Tailor